



AEGEAN ODYSSEY TOUR TO CRETE

MONDAY 2 JUNE TO SUNDAY 15 JUNE 2025
13 NIGHT/14 DAY CULINARY & CULTURAL TOUR

TRAVELLING WITH FRANCESCA TO CRETE WAS A LIFE-CHANGING EXPERIENCE – HER KNOWLEDGE, PASSION AND INSIGHT INTO CRETAN LIFE MADE OUR TRIP ONE OUR FAMILY WILL NEVER FORGET. WE WILL BE BACK! -

Celia

THE TOUR

My small, personal tour of Crete is an insight into the island that lies at the heart of the Mediterranean Diet and is the cradle of civilisation thanks to the ingenuity of the Minoan Civilisation. My name is Francesca Muir and I will be your Tour Concierge for two glorious weeks as we travel across the island. I lived on the island for many years and am now delighted to be able to share everything I love about it with you - its secrets, the Cretan joy of *philoxenia* (a love of strangers and eagerness to show hospitality), its beauty, its history, and best of all, its food!

For the first week we will base ourselves in Agios Nikolaos, eastern Crete, then travel across the island to the Old Port of Chania in western Crete, stopping off along the way for a guided tour of the Minoan Palace of Knossos and its magnificent museum.

To keep it personal, my tours are strictly limited to a maximum of eight people.

So please join me for a chance to immerse yourself in the local life and culture, make wonderful Cretan friends, learn the secrets of the Cretan Diet, cook and eat the most delicious local delicacies imaginable and swim in peacock-coloured waters.

We will stay for seven nights in the village of **Agios Nikolaos** in Eastern Crete and then travel across the island to stay in a 13th century Venetian hotel in the **Old Port of Chania**. Highlights include...

- Taking a local fishing boat to the island of Spinalonga for a tour of the home of the last leper colony of Europe
- A seafood feast at a tavern on the water's edge
- Visiting the ancient mountain village of Kritsa, where age-old traditions such as pottery, leatherwear, lacemaking and weaving are still carried on today
- A glorious tour around the Bay of Elounda on a traditional Cretan fishing boat
- A guided tour of the Minoan Palace of Knossos and the Knossos Museum in Heraklion
- A guided tour of Bioaroma Crete, famous for its organic cosmetics and perfumes using environmentally-friendly raw materials grown on their organic farm
- A cooking class in an ancient olive press high in the mountains of western Crete, to learn the secrets of Cretan cooking with Kiria Koula, who wrote the first cookbook on the Cretan Diet
- Walking (and eating) tours of the Old Port of Chania and Rethymnon, including a visit to the last of the phyllo pastry makers on Crete
- Wine tasting some of Crete's finest wines
- A tour, lunch and wine tasting in the 17th century monastery of Agia Triada
- The Olive Trail tour learning the secrets of Crete's famous olive oil, including a tour of the olive factory and learning to cook with it
- Visiting the weekly Cretan produce and travellers' market
- Cocktails and dinner high on a hill overlooking the Bay of Elounda at dusk, lunch under an ancient plane tree, Cretan breakfasts by the beach, and so much more...



Tour includes:

- 14 breakfasts, 8 lunches and 5 dinners (all with excellent local wines)
- Accommodation for 13 nights
- Transfers from Heraklion airport and all bus and taxi transfers across the island
- Tour guides, entry fees
- Cooking classes and tastings.

Tour exclusions:

- International and domestic travel to and from Crete
- Travel & Cancellation Insurance (a must)
- Local bus fares and taxis during free time
- Meals and alcohol other than those listed
- Laundry
- Tips for meals, guides, bus drivers etc.

Tour Costs:

A\$8,700 pp for single/twin/double share

(You are guaranteed your own room as I don't believe people travelling solo should have to pay extra!)

A\$900 pp non-refundable deposit

For more information and booking form see: Francescamuir.com

**An Aegean Odyssey,
where every day is different
and
every day is delicious!**